

Welcome

Welcome to this issue of the NECLES HIEC newsletter. We are keen to share what we are learning, but also to invite you to become involved in improving the population's health through the diffusion of great ideas.

Optimising Normal Birth – ‘Our Community of Practice’

Our Maternity workstream legacy

Over the last year our Community of Practice has been fortunate to have members that shared excitement over their goals, displayed a willingness to help colleagues through difficult periods and setbacks, and recognised the unique knowledge and perspective that others brought to the table. These factors not only enhanced our intrinsic motivation but also our expertise and creative thinking skills. Ideas did need work, though ‘dead-end’ was becoming enlightening. We had realised that what didn't work is as useful as what did!

Within our community we had been able to sustain the passion and had become optimistic. With multi-stakeholder collaborative awareness, the Trusts have been able to significantly improve performance of their chosen care pathway, enabling advocates of this innovation to test their ideas under a variety of circumstances, thus allowing for adaptation.

This then inspired the Trusts to sustain this network of like-minded professionals, and after the end of the Maternity Pathway they have chosen to continue to manage the resources and continue to host networking events. The first is hosted by UCLH in November 2011.

Spirometry Courses

NECLES HIEC is collaborating with the University of East London to provide spirometry courses for clinicians in Outer North East London, involved in the diagnosis and care of patients with COPD. There will be several courses which involve two days at the university site in Stratford, the first course in October is already full, but if you work in ONEL and wish to book a place on subsequent courses or would like further information, please contact Kirsty Barnes on kirstybarnes@hiec.org.uk

Our CoP's success is it's sustainability Current activity by our Maternity Team



Our Maternity team has arranged some inspirational ‘train the trainer’ days on the use of Moxibustion which has been identified as a means of turning a breech presentation in order to optimize the chances of normal birth.

The first of the study days was Thursday 8 September when Christine Grabowska looked at the Principles of Traditional Chinese Medicine theory and use of moxibustion

- Looking at the evidence
- Practice in using moxibustion over BI 67
- Considering the safety issues in the use of moxibustion
- Lighting and extinguishing the moxa stick
- How to conduct an instruction on the use of moxibustion appointment
- Reviewing the forms (patient information leaflet, Trust guidelines, audit)

Homerton Hospital will be providing a further Moxibustion study day on Wed 28 September but it is hoped to run further study days and If you would like further information on this technique please contact Christine Grabowska on Christine.Grabowska@uwl.ac.uk or Lizzie Hamilton on lizzie.hamilton@anglia.ac.uk

Innovations from our Asthma Team

'My Asthma Log' App for Android Mobile Phones:

In partnership with Asthma UK, QMUL and Solar Software, NECLES HIEC have developed an innovative Mobile Phone Application (app) "My Asthma Log" to support improved education, treatment adherence & emergency self-management (EASY programme) in children and young people with asthma.

The mobile-phone 'app' enables patients to manage their health needs with an individualised asthma plan. The 'app' is an interactive communication platform which will allow patients to access their emergency self-management plans (including digital



images of their inhalers), hand-held records & educational material such as information on the asthma and links videos of correct inhaler technique. It utilizes a user-friendly icon/button interface. NHS London will host this 'app' on it's new App store which will be launched this November.

Please also see our Events section for information on the Asthma Half Day event on Wednesday 2 November.

Migrant Health Activities

The value of recording 'Country of Birth' in Migrant Health

In Migrant Health we are currently working on identifying the gaps leading to late diagnosis and referrals for comprehensive TB treatment and in creating a feedback mechanism to primary care services to improve practice and ensure patients receive prompt and appropriate care.

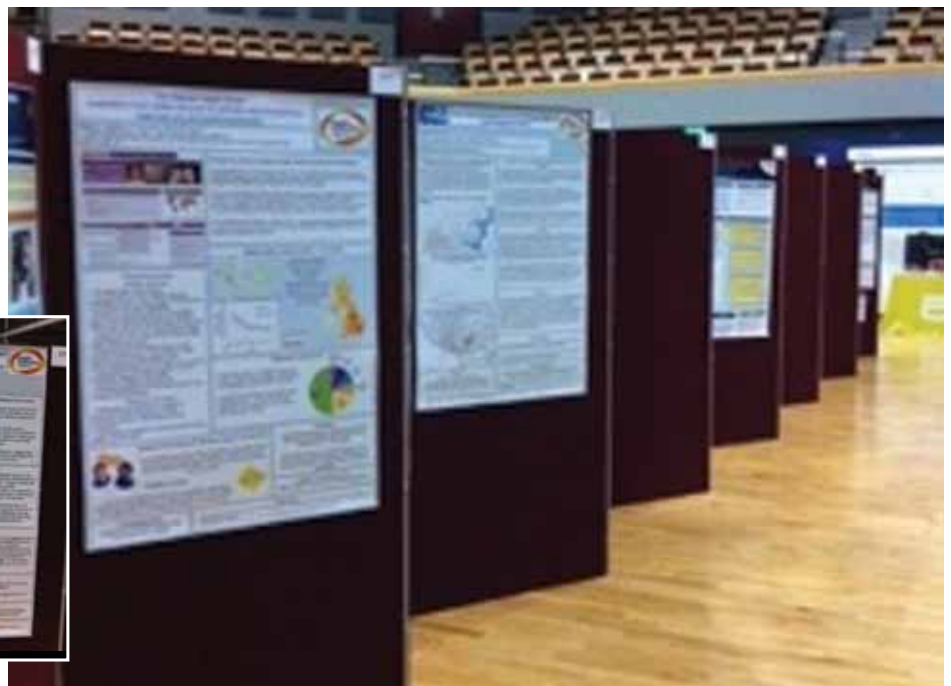
Initial investigations have suggested improved record keeping within the system would enable identification of barriers to prompt diagnosis.

Country of origin is a risk factor for infection and lack of awareness of country of origin prevents opportunistic testing and contributes to late diagnosis and therefore further spread of disease in the UK. By increasing awareness of the importance of 'Country of Birth' in primary care diagnostic algorithms, we believe early diagnosis by health providers will increase.

We have worked with a range of GP practices to further develop the systematic documentation in the electronic patient record system to ensure 'Country of Birth' is recorded. The availability of this information to clinicians should promote the chances of increased testing for infections such as HIV and active TB in high prevalence primary care settings.

Health Protection Agency Conference

Our Migrant Health team provided a poster presentation at the Health Protection Agency Conference in collaboration with the Health Protection Agency this September at Warwick University. The subject of our presentation was 'Migrant Health Mapping' to display the migrant health needs in the NECLES HIEC region as well as the prevalence of some significant infections and primary care services.



Events

Maternity activities

Homerton Hospital Moxibustion Study Day

- When:** Friday 28 September
- Where:** Shoreditch Community Maternity Centre
Shoreditch Spa Complex
170 Pitfield Street
London N1 6JP
- Contact:** Christine Grabowska
Christine.Grabowska@uwl.ac.uk or
lizzie.hamilton@anglia.ac.uk

The Newborn Infant – from the outside in

- When:** Wednesday 19 October 2011
- Where:** Postgraduate Medical Institute
Anglia Ruskin University
Bishop Hall Lane
Chelmsford
Essex CM1 1SQ

Making high risk birth normal

- When:** Wednesday 23 November 2011
- Where:** Postgraduate Medical Institute
Anglia Ruskin University
Bishop Hall Lane
Chelmsford
Essex CM1 1SQ
- Info:** www.anglia.ac.uk/FHSCconf

COPD multi-disciplinary Half Day event The Future for COPD

- When:** Friday 7 October 2011
- Lunch in the Great Hall at 12.30 hours followed by the main activity in the Bainbridge Room Robin Brook Centre, St Bartholomew's Hospital

If you are interested in attending please email to info@hiec.org.uk

Asthma Half Day Event

- When:** Wed 2 November 13.00-16.45 hours
- Milton Lecture Theatre, Garrod Building, Queen Mary University of London, Department of Medicine and Dentistry, Turner Street, Whitechapel E1 2AD

Asthma is a condition which when focused on in the community can make a real difference to patient outcomes. As we speed into the electronic / digital era the time is right to focus on innovative ways to connect with the hard to reach patients. This conference will equip you with very useful tools to ensure self management in your patients. We will have a selection of workshops to give you both practical and innovative ways to educate on self management that you will want to use. To register please contact: Carolyn.evans@hiec.org.uk

